

# Troop 156 Personal Gear List

✓	Outdoor Essentials	
	▲ ▼	Sleeping Bag <sup>A</sup>
	▲ ▼	Ground Pad (closed cell foam)
	△	Small Cot / Air Mattress (summer camp)
	△	Small Pillow
	▼	Personal Ground Cloth
	▼	Backpack
	△	Day Pack
	▼	Small light-weight tent
	▲ ▼	Raingear / Poncho
	▲ ▼	Mess Kit
	▲ ▼	Eating Utensils
	▽	Small Stove
	▲ ▼	Flashlight (extra batteries)
	▲ ▼	Pocket Knife & Totin Chip
	▲ ▼	Water Bottle(s) (Nalgene preferred)
	▲ ▼	50' 3/16" or 1/4" rope
	△ ▽	Lashing Straps or Bungee Cords
	▲ ▼	Bear Bag
	▲ ▼	Plastic Trash Bags (2 30 gallon)
	▲ ▼	BSA Handbook <sup>A</sup>

✓	Survival Stuff Sack	
	▲ ▼	Matches <sup>A</sup> & Firem'n Chit
	▲ ▼	Firestarter / Tea Candle <sup>A</sup> & Firem'n Chit
	▲ ▼	Compass (on lanyard preferred) & Map
	▲ ▼	Personal First Aid Kit
	▲ ▼	Whistle (non-pea type)
	▲ ▼	Small Mirror
	△ ▽	Fishing Line & Hooks

✓	Personal Items	
	▲ ▼	Permission Slip
	▲ ▼	Pens/Pencils/Small Notepad
	▲ ▼	Small bar soap <sup>A</sup>
	△ ▽	Hand Sanitizer
	△ ▽	Shampoo
	▲ ▼	Comb/Hairbrush
	▲	Toothbrush & Toothpaste
		Deodorant (no-scented)
		Shower Sandles
	△ ▼	¼ Roll Toilet Paper
	▲ ▼	Bath Towel
	▲ ▼	Sunscreen
	▲ ▼	Insect Repellent (non aerosol)
	△ ▽	Watch
		Prescription medication in original bottle <sup>B</sup>

✓	Clothing	
	▲ ▼	Class "A" Uniform (We travel in uniform)
	△ ▽	Class "B" Uniform
	▲ ▼	Socks (season appropriate)
	▲ ▼	Pants / Shorts (season appropriate)
	▲ ▼	Shirts (season appropriate)
	▲ ▼	Underwear
	▲ ▼	Sneakers / Hiking Boots
	▲ ▼	Sleeping Clothes (season appropriate)

✓	Warm Weather / Summer Clothing	
		Bathing Suit
		Beach Towel
	▲ ▼	Light Jacket / Windbreaker /Sweatshirt
		Hat

✓	Cold Weather / Winter Clothing	
	▲ ▼	Winter Parka / Warm Jacket
	▲ ▼	Winter Hat (Wool / Synthetic)
	▲ ▼	Thermal Underwear (Synthetic)
		Snow / Ski pants (Synthetic)
		Winter Socks (Wool / Synthetic)
	▲ ▼	Gloves / Mittens (Water resistant)
		Balaclava / face shield (Wool / Synthetic)
		Fleece / Wool Pants
	▲ ▼	Snow Boots (removable liner recommended)

✓	Optional	
	△ ▽	Sunglasses
	△ ▽	Camera
	△ ▽	BSA Fieldbook, Merit Badge Books,
	△ ▽	Hiking Staff
	△ ▽	Cards
	△	Chair (folding type)
	△ ▽	Spending Money
	△	Fishing Gear / Tackle
	△ ▽	Hand Warmers

### NOTE FOR COLD WEATHER / WINTER CAMPOUTS

- NO COTTON CLOTHING ON WINTER CAMPOUTS!
- This includes blue jeans, cotton thermal underwear, cotton socks, cotton sweats & shirts
- Appropriate materials include wool, polypropylene, micro fleece, etc
- Several lightweight layers rather than a single heavy layer will be more comfortable
- Scouts are required to change ALL clothing prior to going to bed and therefore should have a set of clean, dry sleeping clothes.

- ▲ RECOMMENDED ITEM FOR CAMPOUTS
- △ OPTIONAL ITEM FOR CAMPOUTS (dependent on trip)
- A item(s) should be stored in waterproof or zip lock bag

- ▼ RECOMMENDED ITEM FOR BACKPACKING TRIPS
- ▽ OPTIONAL ITEM FOR BACKPACKING TRIPS (dependent on trip)
- B prescription medication must be given to an adult leader

Identify all personal items with a water-resistant marker.  
 This list is to be used as a guideline and organizer. Not all clothing/equipment/items are required on each camping trip.  
 Pack according to weather forecast, destination, outing theme, and specific instructions from SPLs, PL, and Adult Leaders